

IBPYP Newsletter



July 2023
Vol:11

From Principal's Pen.....

Dear Students and Parents,

Schools are centres for learning, not just literary and numeracy; but also places to nurture the holistic development of children. At Sanskar we promote students to pursue their interests, talents as well as ability, we provide a plethora of opportunities for the same in the form of sports, games, and performing and visual art activities.



Physical and co-curricular activity can have an immensely positive impact on a child's health as well as social, physical, and emotional well-being. Co-curricular Activities foster the development of confidence and self-esteem through interactions with a number of classmates and educators. Playing sports at any level—club or interscholastic—can be a key part of the school experience and have an immense and lasting impact on a student's life. Among its many benefits, participation in extracurricular and athletic activities promotes socialization, the development of leadership skills, focus, and, of course, physical fitness. From a very early age, playing a sport teaches children valuable lessons about grit, discipline, and teamwork.

Hobbies such as art, craft, playing musical instruments, singing to a melodious tune, and many more develop a strong sense of self-identity and a feel-good syndrome. Children learn to utilize time effectively and as a result, develop self-management skills. We must ensure a safe and conducive learning environment for our young learners wherever they are. We hope the academic session ahead will be a joyful learning time for all the students. I would like to quote Dr. Suess here, "Children want the same things we want. To laugh, to be challenged, to be entertained, and delighted."

Girdhar Kumari
Principal



From PYPC's Pen.....



A warm and enthusiastic welcome to all of you after the summer break!

As we embark on this exciting journey of learning and growth, I, Bhawna Sharma, am delighted to introduce myself as the new Primary Years Programme Coordinator. I will be there to guide our young learners towards a holistic and enriching educational experience.

I will be collaborating with our talented team of educators to design and implement, engaging, transdisciplinary units of inquiry that promote critical thinking, creativity, and a global mindset.

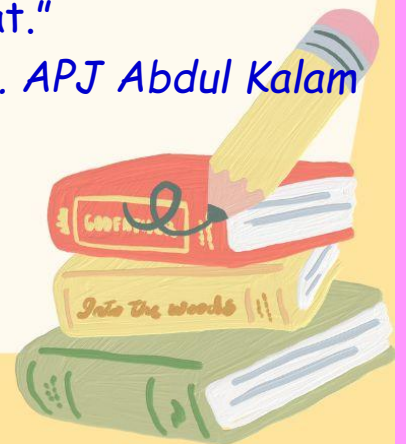
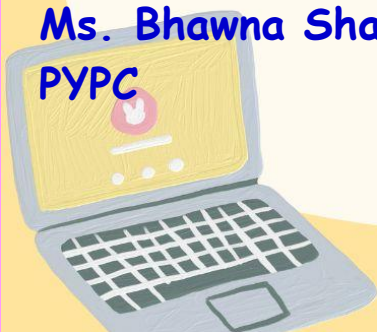
At Sanskar, we believe in supporting and guiding our learners in developing personal attributes, including being principled, open-minded, caring, and reflective individuals. Let us all help our students to understand the importance of taking responsibility for their actions and making positive contributions to the local and global community.

"Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great."

-By Dr. APJ Abdul Kalam

Ms. Bhawna Sharma

PYPC



Early Years



Little learners of Vatika and Praveshika had engaging and enriching learning experiences under the Transdisciplinary theme 'Who we are.' Play-based learning is a fantastic approach for young children as it not only fosters their knowledge and skills but also ignites their curiosity and enthusiasm for learning.

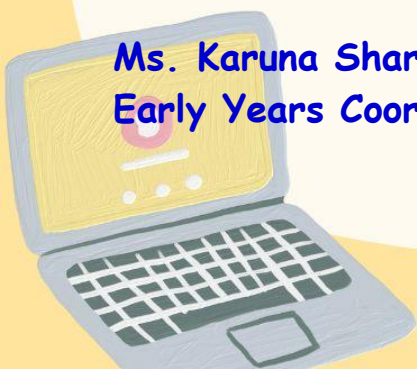
Learners of Vatika learned about the concept of family and people under the **Transdisciplinary theme: "Who we are"**. They understood the importance of family in their lives.

They learned about the responsibilities they share with each other through various activities done in the class like role play and setting the play corner with their peers. After completing the theme they came to know that people around them help in shaping their identity as each individual is unique.

Our sense organs allow us to perceive and appreciate the beauty of the world around us. They allow us to see the colours of a sunset, hear the melody of a song, taste the flavours of food, and smell the fragrances of the flower. Hence our curious cubs of Praveshika explored the central idea we use our senses to explore ourselves and our surroundings under the Transdisciplinary theme 'Who we are'. Learners gained knowledge of their senses and could interconnect between the senses and surroundings with another line of inquiry on how to take care of the senses. They came to know the use of sense organs to make sense of our surroundings and achieved sense through some practical situations and experiments conducted in the class. They know why taking care of sense organs is important and maintaining good personal hygiene can also prevent from spreading diseases to other people. They developed different skills including research and self-management during the theme. They enthusiastically participated in various learning experiences and showcased their learning through various activities done during the theme. Indeed, it was a fun-filled theme with a lot of learning.



Ms. Karuna Sharma
Early Years Coordinator



Grade 1



Learning allows us to make sense of the world around us, the world inside us, and where we fit within the world.

Under the **Theme-Who We Are**, students were encouraged to make balanced choices in their daily routine by taking care of their eating habits, personal hygiene, and being physically active. They were motivated to eat healthy food, wash their hands before and after meals and exercise daily through stories, discussions, and audio-visual aid during classes. Learners inquired and reflected on the consequences of good and bad choices. They were also made aware of Good and Bad touch through visual aids and stories. They were motivated to make a safe circle.

They developed self-management skills while reflecting on about the balanced choices in their daily routine. They were also introduced to the importance of mental well-being through activities like yoga, meditation, and listening to music.

Ms. Sunita Panwar
Grade 1 Coordinator



Grade 2



"I'm not going to school just for the academics. I wanted to share ideas, to be around people who are passionate about learning." — Emma Watson

An academic session begins with various strategies planned by our talented team. Our academic session progressed under the **Transdisciplinary Theme - WHO WE ARE**, where they discussed good and bad conduct. Behaviour, both inside and outside the classroom, plays a vital role in shaping the learning environment and fostering a positive and inclusive atmosphere. It is not merely about following rules and regulations but goes beyond that to encompass respect, empathy, responsibility, and integrity. For students, exhibiting good behaviour sets the foundation for success. It not only helps in building strong relationships with peers and teachers but also cultivates self-discipline and a sense of personal accountability. When students actively participate in classroom discussions, listen attentively, and treat others with kindness, they create an environment conducive to learning and growth. During the journey of the theme, learners celebrated and acknowledged acts of kindness, empathy, and integrity so that they can become responsible citizens and compassionate human beings.

During the **Transdisciplinary Theme- How We Organize Ourselves**, where learners explored various public places in their surroundings. Learners understood that public places, such as parks, libraries, shopping centres, and recreational areas, serve as shared spaces for people of all ages, backgrounds, and beliefs. They learned the importance of respecting these spaces and the people within them. They also understood that by fostering positive behaviour in public places, we create a harmonious environment where everyone feels welcome and safe.

Education extends beyond the classroom walls, keeping this in mind learners went on a field trip like a museum and the trip was an enriching experience, igniting curiosity and deepening our appreciation for art, culture, and history.

[Click to view our Journey of learning](#)

[Click to become knowledgeable about behaviour](#)

Ms. Anchal Midha
Grade 2 Coordinator



Grade 3



Tell me and I forget. Teach me and I remember. Involve me and I learn.

-Benjamin Franklin

Keeping this in our mind, we gave our learners ample opportunity to explore and develop an understanding of the Central Idea -Growth and development of the human body depend on various factors.

Under the **TD Theme- Who We Are**, learners investigated through enthralling brainstorming sessions. The learners' observed the food pyramid and tried to understand the importance of taking appropriate nutritive value. They explored various body systems and their functions through videos and reading sheets. They learned about deficiency diseases and explored their root cause. They had an enthralling yoga session that helped them to understand the importance of exercise in daily life. They appreciated the four pillars needed to keep a healthy body i.e., good nutrition, regular exercise, relaxation, and sleep. Most important is to take care of their well-being. They developed self-management skills by taking responsibility for their own well-being by following a healthy routine.

Under the **TD theme-Where, we are in place and time**, learners explored the central idea -"Earth's physical geography has an impact on human life" through various geographical features like mountains, plains, plateaus, valleys, deserts, etc. They made models of various landforms and shared their learning with their friends. They acquired knowledge about different features of landforms and became open-minded by respecting and appreciating the lifestyle of other states. Learners understood how human activities affect landforms and suggested wise ways to save them. It was a great learning experience for the learners as well as the teachers.

[Click to view the healthy well-being](#)

Ms. Ritu Singh
Grade 2 Coordinator



Grade 4

This session began with exploring the theme, "Who we are". Our enthusiastic learners embarked on a journey to discover and learn about various inspiring personalities and creatively presented their thinking skills by writing about their role models. They effectively identified the qualities needed to develop as a role model. The guest lectures by Ms. Charu Sharma (Kathak dancer) and Ms. Diya Sharma (Equestrian) were enlightening and informative. The learners conducted an interview with Ms. Vaidehi Singh (poetess) and this experience allowed them to learn about the benefits of reading books and the key attributes required to be a good writer. They also created a booklet to present their research work about different inspiring personalities.



Exploring the **Transdisciplinary theme, "How the world works"** was an engaging experience for the learners. Exploring different plants, animals, and ecosystems sparked their curiosity and deepened their understanding of the natural world around them. The visit to the garden ecosystem and the interaction with Mr. Archan (educationist) about different types of plants, habitats, and biotic and abiotic components of the garden was an enriching experience. They took the agency to read books and watch videos to conduct research work about different types of plants and animals. They made bags using recycled materials (used paper) and took responsible action to save the environment. Learners also created awareness to save plants and animals by making posters, writing slogans, and organizing a rally in school.

[Click to view the learning on Role Model](#)

Dr. Nidhi Pareek
Grade 4 Coordinator



Grade 5



The academic year 2023-24, began with a great start with the **transdisciplinary theme "Who We Are"**. This theme focused on various aspects of personal development, our bodies, health, and well-being. The learners became knowledgeable by learning about the different stages of growth and development. By gaging knowledge about their physical, social, intellectual, and emotional well-being, the learners were encouraged to take a holistic approach to their self-care. Guest lectures were organized by specialists to make them understand the importance of yoga, meditation, and a balanced diet for their well-being.

The theme, **"How We Organize Ourselves "** is an exciting and engaging topic for learners. The exploration of different types of mass media would have allowed the students to understand various channels through which information and communication are disseminated in society. To showcase their prior knowledge, they made a KWHLAQ(What do I know? What do I want to know? How will I find it out? What have I learned? What actions will I take? What further questions do I have?) chart on mass media. They also got an opportunity to plan learning engagements and group activities through Rainbow Planner. They used their research skills in finding out the role and influence of mass media on society. The guest lecture on "Social Media and Netiquettes" helped them in becoming responsible users of social media. They showcased their creativity, thinking, and communication skills while designing an advertisement to launch their own product.

[Click to peep in our learning](#)

Ms. Tannu Joshi
Grade 5 Coordinator



Celebrations@Sanskar

Welcome Party

A warm welcome always makes children happy, appreciated, and welcomed to a new classroom environment and sets the right tone for the new academic session. To cheer up our curious cubs back to school after a session break, a welcome party was organized by Sanskar School on 10th April 23.

Our kids were attractively dressed in their favourite

clothes. They enjoyed the party which included music, dance, rhymes, games, art, craft, and fun races. Singing wonderful rhymes pepped up the students and uplifted their moods. Students introduced themselves, made new friends, and became familiar with their new teachers which was a motive behind the event too. It was an amazing experience to see the lovely smiling faces. And all our little ones spent their entire day with joy and frolic. The Pre-Primary wing was gleaming with fresh buds that came to start their new inning.



Favourite colour DAY (18th April 2023)

Colours are the smiles of nature. -Leigh Hunt

There's a whole science, psychology and centuries of symbolism behind different colours. But for our little ones, their favourite colour is one of the first ways they express their sense of identity and individuality.

Whether it's the crayon they

always choose first, the only colour dress they will wear, or the colour they want to paint their room, a favourite colour is part of our learner's unique personality.

In order to encourage them to explore, share and create their

favourite colours Sanskar

School organised, My

Favourite Colour Day on 18th

April'2023. Children were

dressed beautifully in their

favourite coloured clothes.

And of course, no exploration

of colours would be complete

without art activities for early

years. They made colourful

fish, turtle, caterpillar, tulips

and wrist band. They also

made collage of pictures they brought from home. It was a successful approach towards self-identity by our little ones.



World Heritage Day (18th April)

World Heritage Day was celebrated at Sanskar School by the Primary years students on 18th April with zeal and enthusiasm. The aim was to make children aware of the importance of cultural heritage and its preservation.



World Creativity And Innovation Day (21st April)

Creativity and innovation are characteristics that people seek to develop to help them look at the world in new ways and form ideas to improve or add to it.

With this idea in mind, the Learners of Sanskar school Primary classes commemorated the World Creativity and Innovation Day by participating in various creative as well as





fun-filled activities with a lot of zeal and excitement on the 21st of April, all the sections of class 1 were given dotted sheets in which they made their own creations, classes 2 and 3 were provided cut-outs of various shapes with which they tried their hand on, and the children from classes 4 and 5 made something useful from old stuff for their classroom in groups.

Imagination and creativity are beyond words. The day inspired and enabled students to live a more creative life.

International Mother Earth Day (22nd April)

Earth Day is an annual celebration that honours the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations. Earth Day is celebrated on April 22 throughout the world.



English Language Day (23rd April)

This day was chosen because it is thought to be Shakespeare's birthday and the anniversary of his death. Being the English language's most famous playwright, Shakespeare had a huge impact on modern-day English. Shakespeare's creativity with language meant he contributed hundreds of new words and phrases that are still used today. For example, the words 'gossip', 'fashionable' and 'lonely' were all first used by Shakespeare. He also invented phrases like 'break the ice', 'all our yesterdays', and 'faint-hearted'.

To commemorate this special day we request you to share a very small (not exceeding a minute) video of you speaking any poem, tongue twister, jingle, or idioms in English to your respective class teacher.

International Labour Day (1st May)

Labour Day, also known as International Workers Day, was celebrated on 1st May 2023 Monday at Sanskar School, to recognise the labourers and the working class for their contribution to the Ammeter. Students of the Primary classes conducted a special Assembly for the helpers, where the choir sang a melodious song and many students gave a short speech of appreciation. The helpers were then handed handmade cards by the children.

The motive and idea behind the celebration was to honour and show gratitude and recognition to the labour class for their service.



Orange Colour Day (9th May 2023)

"Colours are the smiles of nature"

Orange is fun, dynamic and radiates warmth and joy. To reinforce the Colour concept of Orange to our tiny tots of Early Years, Sanskar School Celebrated 'Orange Colour Day' on 9th May 2023. It was a great learning activity which helped the children understand the concept of secondary Colours. The teachers and children both were dressed in harmonious Shades of orange. They also enjoyed the tear and pasting activity, cut and paste activity, and origami activity to make a carrot, flower, pumpkin, orange etc.



International Yoga Day (21st May 2023)

Sanskar School celebrates the 9th International Yoga Day

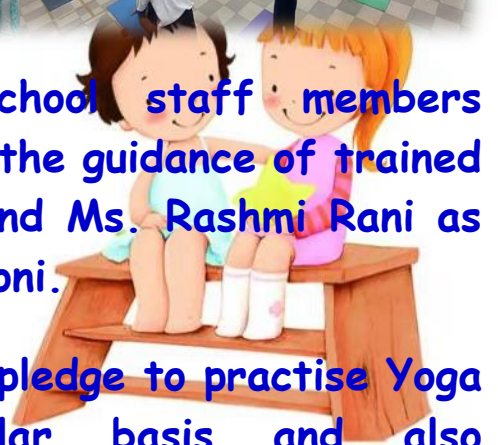
Sanskar School celebrated the ninth International Yoga Day on 21st June 2023 with the enthusiastic and active participation of students and teachers.



At the school, the teachers celebrated the day by invoking the blessings of the almighty which was followed by an inspiring



address by the School Principal Mrs. Girdhar Kumari, who encouraged everyone to make yoga an integral part of their lives and also spoke about the journey of yoga down the ages from ancient times due to its multiple benefits. Thereafter, the school staff members collectively performed Yoga Asanas under the guidance of trained yoga instructors, Ms. Neelam Kumawat and Ms. Rashmi Rani as well as Sports Instructor, Mr. Sanjeev Soni.



The students and teachers took an online pledge to practise Yoga on a regular basis and also participated in various online International Day of Yoga competitions and activities organized by the Ministry of Ayush on the MyGov platform. Many of the students and teachers also participated in an online yoga quiz.



Blue Colour Day (4th July 2023)

Blue is the colour of the sky and sea. It is often associated with depth and stability. The blue colour symbolises trust, loyalty, wisdom, confidence, intelligence and truth. To make children explore more about the blue colour, Sanskar School celebrated 'Blue Colour Day' on Tuesday, July 4' 2023, with great enthusiasm. All the children came dressed up in different shades



of blue. They made blue hula by the tear and pasting method. They also made a fish bowl and jellyfish by using the cut-and-paste method. They also played a colour hunt game, which helped them to recognise the blue colour in their surroundings.

It was a pleasant and cool blue day for the tiny tots.



Celebrations@Sanskar

Inter House Handwriting Competition (19th April)

Sanskar School organized the Inter-House English Handwriting Competition for the students of Grades I to V. The students participated in it with a lot of zeal and excitement. The objective of this competition was to motivate students to enhance their writing skills. It provided a platform for the students to showcase their writing competency and develop their fine motor skills. The judgement was done based on specific parameters and the students were applauded for their splendid performance.

Inter House Elocution Competition (10th May)

"Admiration comes easy to a person who is endowed with the fine art of public speaking, who adorns common thoughts with the grace of, elocution, and the elegance of style."

An Inter House English Elocution Competition was organised in Sanskar School on 10th May 2023, wherein all the students of classes I-V participated. Students were given the topics



according to their levels. The participants exhibited perfect nuances and finer points that go into making a public speech interesting and captivating. The poise, self-confidence and praiseworthy articulation delivered by the speakers with an uncommon sense of conviction, made the event a benchmark for fellow students, also providing utmost satisfaction and pride to the teachers. The objective of the competition was to make the students confident and better orators so that they can fearlessly express their views on any topic. The competition was conducted in two rounds, first at the class level where all students participated, then a final round with selected participants.



Inter House Bookmark Making Competition (12th July)

Children have remarkable creativity to think in a limitless, divergent, and imaginative way. This was showcased by the students at Sanskar School of



Grades 1 & 2 who enthusiastically participated in the 'Inter House Bookmark Competition' on 12th July 2023. The students had an empirical experience where they meticulously designed colourful bookmarks, vividly indicating their importance.



Inter House Paper Bag Competition (12th July)

Paper Bag Day, celebrated worldwide on July 12, is as an important day to promote the use of environment-friendly paper bags which serve as a sustainable alternative to harmful plastic bags. The aim is to spread awareness about using paper bags instead of plastic, to help reduce plastic pollution. To create awareness among young Sanskarians learners of Grades 3 to 5 participated in Inter House Paper Bag-making competition using old newspapers and magazines to create paper bags. They then added colour and designed them artistically by writing slogans promoting reducing the usage of plastic and its harmful effects on the environment. The motivation and willingness towards the competition were admirable.





“

Education is
the passport to the
future, for tomorrow
belongs to those
who prepare for
it today.

- *Malcolm X*

Thank You



Designed & Compiled By

- Ms. Anchal Midha

- Ms. Poonam Jain